

Go For Gold 2025

Session Summary

Oct 4-5, 2025

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Saturday, October 4, 2025		Session: 1	Open Stretch 9:00 AM	Timed Warmup 9:25 AM
Level 5		# Gymnasts 32	Line Up 9:20 AM	Awards
Gym	Level	# Gymnasts		
Midwest Gym	5	18		
NSGA	5	5		
Roseville	5	9		

Saturday, October 4, 2025		Session: 2	Open Stretch 11:45 AM	Timed Warmup 12:10 PM
Level 4		# Gymnasts 46	Line Up 12:05 PM	Awards
Gym	Level	# Gymnasts		
Midwest Gym	4	22		
NSGA	4	14		
Roseville	4	10		

Saturday, October 4, 2025		Session: 3	Open Stretch 3:15 PM	Timed Warmup 3:40 PM
Level 3		# Gymnasts 66	Line Up 3:35 PM	Awards
Gym	Level	# Gymnasts		
Midwest Gym	3	35		
NSGA	3	17		
Roseville	3	14		

Sunday, October 5, 2025		Session: 4	Open Stretch 9:00 AM	Timed Warmup 9:25 AM
Xcel Bronze		# Gymnasts 61	Line Up 9:20 AM	Awards
Gym	Level	# Gymnasts		
Classic East	XB	13		
Classic NW	XB	14		
Duluth YMCA	XB	14		
FlyNorth	XB	20		

Sunday, October 5, 2025		Session: 5	Open Stretch 12:15 PM	Timed Warmup 12:40 PM
Xcel Silver		# Gymnasts 44	Line Up 12:35 PM	Awards
Gym	Level	# Gymnasts		
Classic NW	XS	8		
Duluth YMCA	XS	17		
FlyNorth	XS	19		

Sunday, October 5, 2025		Session: 6	Open Stretch 3:15 PM	Timed Warmup 3:40 PM
Xcel Silver		# Gymnasts 42	Line Up 3:35 PM	Awards
Gym	Level	# Gymnasts		
Classic East	XS	12		
NSGA	XS	10		
Revolution	XS	20		