



Girls' Competition Teams - Frequently Asked Questions

Who can try out for one of Midwest's competitive girls' teams?

Anyone! Tryouts are generally held in March each year. Look for postings around the gym, or talk to the front desk, for more information.

How old do you have to be to compete on a Midwest team?

USA Gymnastics sets the competition age requirements, and this year all gymnasts must be turning SIX years old by December 31 of the competition season to compete. Midwest does offer pre-team/Training Team opportunities on occasion – check with the front desk for more information.

When are the competitions (meets) during the year?

Midwest competitive gymnasts practice year round, and their meets depend on their level, but our entry/younger levels typically compete between October and March each year.

How much does it cost to be on a Midwest competition team?

It varies every year, and it can significantly vary depending on the level your gymnast is in. The JO program entry Level 3 is typically around \$1,250 for competition fees (plus additional expenses to purchase a leotard), and this is in addition to the monthly tuition the gym charges for practice time. The Xcel program entry level Bronze is typically around \$1,000 for competition fees (plus the leotard, etc.). These competition/athlete fees are usually invoiced to the families in installments throughout the summer/early Fall to help ease the burden. Contact the booster club president for more information about fees for our higher level teams: president@midwestgymnasticsboosterclub.org.

Is there any way to fundraise to help cover those costs?

Yes! Our Booster Club (separate non-profit entity run by parent volunteers) exists almost entirely to fundraise throughout the season. Eligible families work hard to earn back a portion of those fees at the end of the season.

Check us out: www.midwestgymnasticsboosterclub.org